

Course Outline for: HLTH 1106 Drug Use and Abuse**A. Course Description:**

1. Number of credits: 3
2. Lecture hours per week: 3
3. Prerequisites: None
4. Corequisites: None
5. MnTC Goals: None

Students explore drug use and misuse by examining drug history, classification, and the effects of policy and substance use on individuals and society. They examine prevention and treatment options, focusing on issues related to public policy, access to care, and identify the risk and protective factors of usage. Through analysis of real-world issues and applied activities, students develop critical thinking skills related to drug use, public health, and personal and community decision-making

B. Date last reviewed/updated: October 2026**C. Outline of Major Content Areas:**

1. Current Cultural Perspectives on Drug Use/Non-use
2. Overview of Drug Actions, Pharmacology
3. Prevention, Intervention, and Treatment
4. Legal Perspectives
5. Stress Management
6. Historical Perspectives of Drug Use
7. Family Systems
8. Personal Attitudes and Self-esteem
9. Trends and Issues: Domestic and International
10. Drug Education
11. Drug Policy: Past, Present, Future

D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

1. Apply appropriate terminology related to the use, misuse and abuse of legal and illegal psychoactive substances.
2. Analyze personal attitudes, beliefs, and behaviors related to use/non-use of psychoactive drugs.
3. Explain the historical impact of drug policy on individual rights and liberties.
4. Demonstrate how special interest groups have influenced drug policy in the medical, social, legal, and scientific communities.
5. Evaluate how personal choices to use/not use psychoactive substances can influence present and future generations.

6. Demonstrate strategies for intervening in situations precipitated by irresponsible choices regarding mood-modifying substances.
7. Evaluate effective usage of strategies for teaching abstinence and responsible use of psychoactive substances.
8. Compare and contrast the use of psychoactive substances in the United States with the patterns found in other countries and cultures.

E. Methods for Assessing Student Learning:

Assessments may include, but are not limited to, the following:

1. Quizzes and exams
2. Participation in class activities
3. Assignments
4. ~~Objective examinations~~
5. ~~Individual projects~~
6. ~~Group and individual presentations~~
7. ~~Research papers~~
8. ~~Journal/book reviews~~
9. ~~Critique/reaction papers~~
10. ~~Journal writing~~
11. ~~Personal assessments and summaries~~
12. ~~Class discussions~~
13. ~~Class attendance~~

E. Special Information:

None